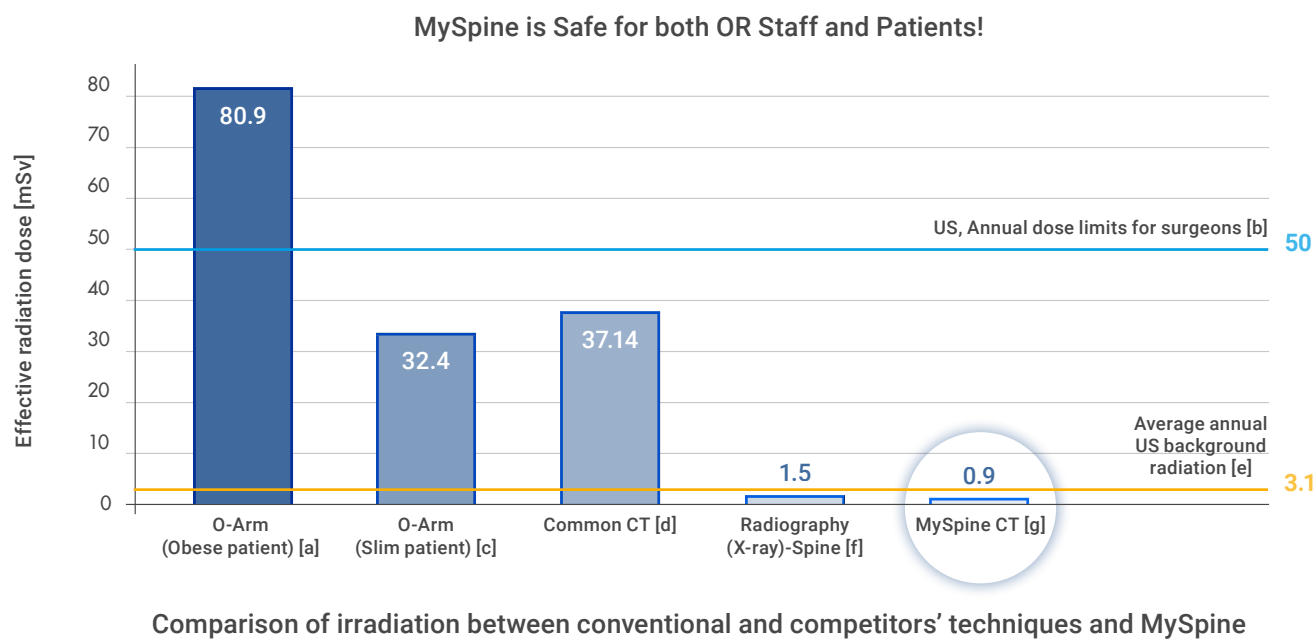


## LOW RADIATION DOSE

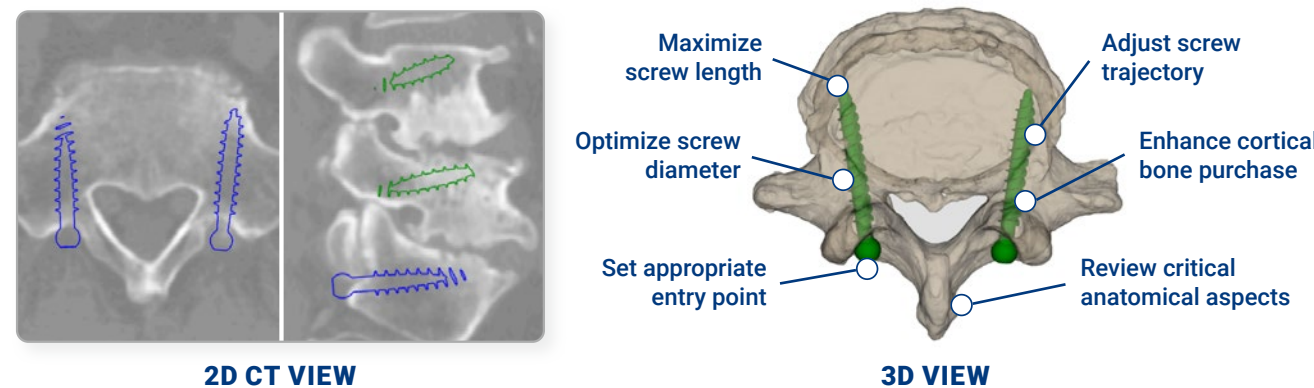
- Patients are exposed to a **low dose** pre-op **CT scan**, resulting in a lower radiation exposure than a single full spine x-ray
- Pre-operative planning potentially **eliminates the need of intra-operative checks**, with a dramatic reduction of irradiation **-33%** compared to the free-hand technique<sup>[11,13]</sup>
- The **cumulative dose is potentially reduced** with respect to navigation-assisted technique



[a] Lange et.al. Estimating the effective radiation dose imparted to patients by intraoperative cone-beam computed tomography in toracolumbar spinal surgery, Spine 2013 [b] US Nuclear Regulatory Commission's (USNRC) [c] Lange et.al. Estimating the effective radiation dose imparted to patients by intraoperative cone-beam computed tomography in toracolumbar spinal surgery, Spine 2013 [d] Biswas et.al. Radiation Exposure from Musculoskeletal Computerized Tomographic Scans, JBJS Am. 2009 [e] Health Physics Society Specialists in Radiation Safety, Lawrence Berkeley National Laboratory, Fact Sheet 2010 [f] Radiation Dose in X-Ray and CT Exams; 2013 Radiological Society of North America, Inc [g] MySpine, Charité University Hospital, Berlin, Germany

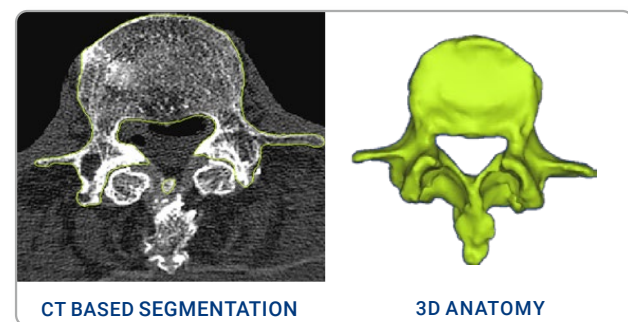
## ACCURATE PRE-OP PLANNING

The MySpine Web Platform allows for a **simple** and **accurate 3D pre-operative planning**. The surgeon can simulate the final screw position in the patient's medical images and **preview any potential surgical critical aspects**.



An **effective** tool for a **personalized surgical planning**.

## MYSPINE CASE MANAGEMENT



### 1. IMAGE ACQUISITION

Low Dose CT scan to deliver 3D reconstruction of **each patient's** vertebral anatomy



### 3. 3D PRINTING MYSPINE MC

3D patient-matched Jigs are sent to the hospital



### 2. 3D PRE-OP PLAN MANAGEMENT

The surgeon defines optimal implant parameters: screw **diameter**, **length** and **trajectory**



### 4. MYSPINE MC MIS SURGERY

Surgery with dedicated MySpine MC system

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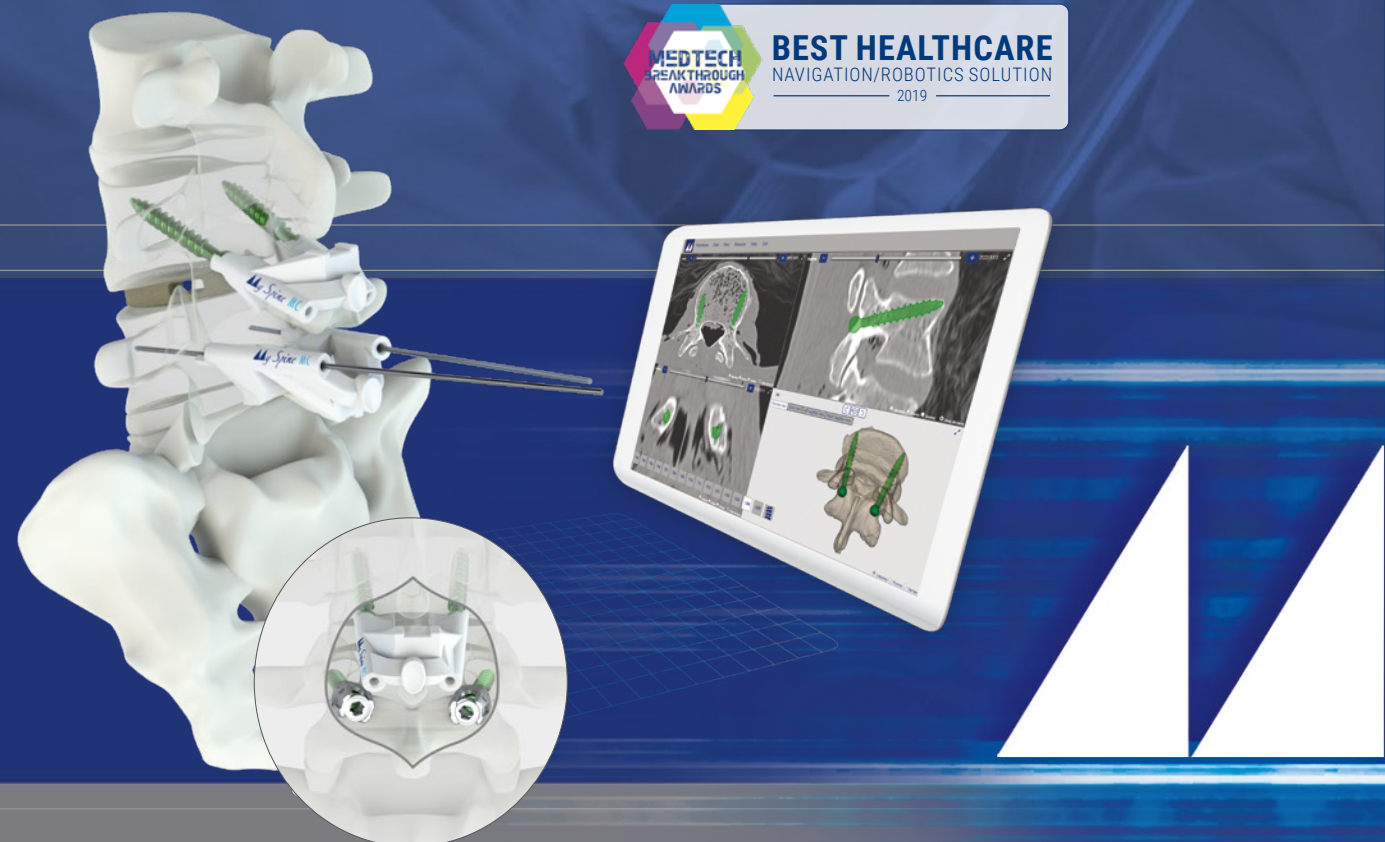


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**MySpine® MC Leaflet**  
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rev.01  
Last update: March 2021



MINIMALLY INVASIVE PATIENT-MATCHED SOLUTIONS



## Brochure

Joint

**Spine**

Sports Med



## MINIMALLY INVASIVE PATIENT-MATCHED SOLUTIONS

MySpine MC is a **3D printed** patient-matched solution in the **midline cortical** approach. Posterior lumbar fusion is performed in a **minimally invasive**, muscle sparing way, allowing for shorter operating times and a substantial reduction of both radiation exposure and costs.

- **MINIMALLY INVASIVE**
- **EXCELLENT CLINICAL OUTCOMES**
- **HIGH EFFICIENCY**
- **LOW RADIATION DOSE**

The goal of MySpine MC is to combine an **excellent fusion rate** with greater predictability of the clinical outcomes.



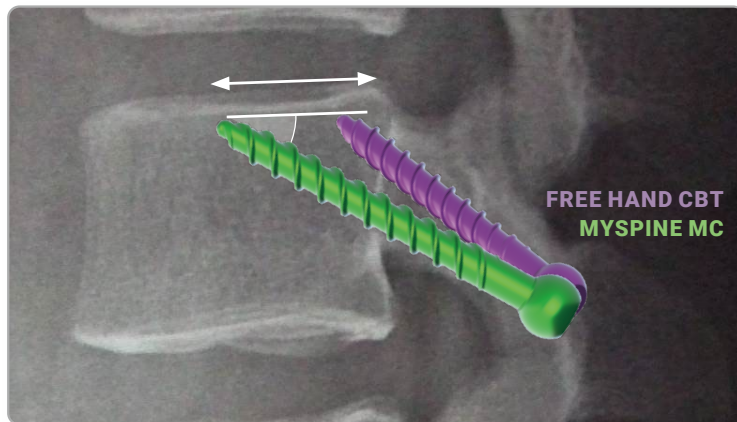
MySpine **MC** - Midline Cortical

## EXCELLENT CLINICAL OUTCOMES

MySpine MC provides **highly precise implant positioning** which:

- allow **accurate positioning** of entry points in the pars interarticularis with **favourable cortical bone purchase** <sup>[4]</sup>
- may enable the use of **longer screws** and **larger diameters** than CBT free hand <sup>[5]</sup>
- may lead to **uncompromised fusion rate** <sup>[6]</sup>

Moreover, the pre-operative trajectory management may **reduce the risk of nerve root injury** <sup>[7]</sup>



**99.5%**

SAFE PEDICLE SCREW  
POSITIONING <sup>[14]</sup>

**-69%**

REDUCED SCREW  
LOOSENING RATE <sup>[9]</sup>

**+35%**

SIGNIFICANT INCREASE  
IN PULL-OUT RESISTANCE <sup>[14]</sup>

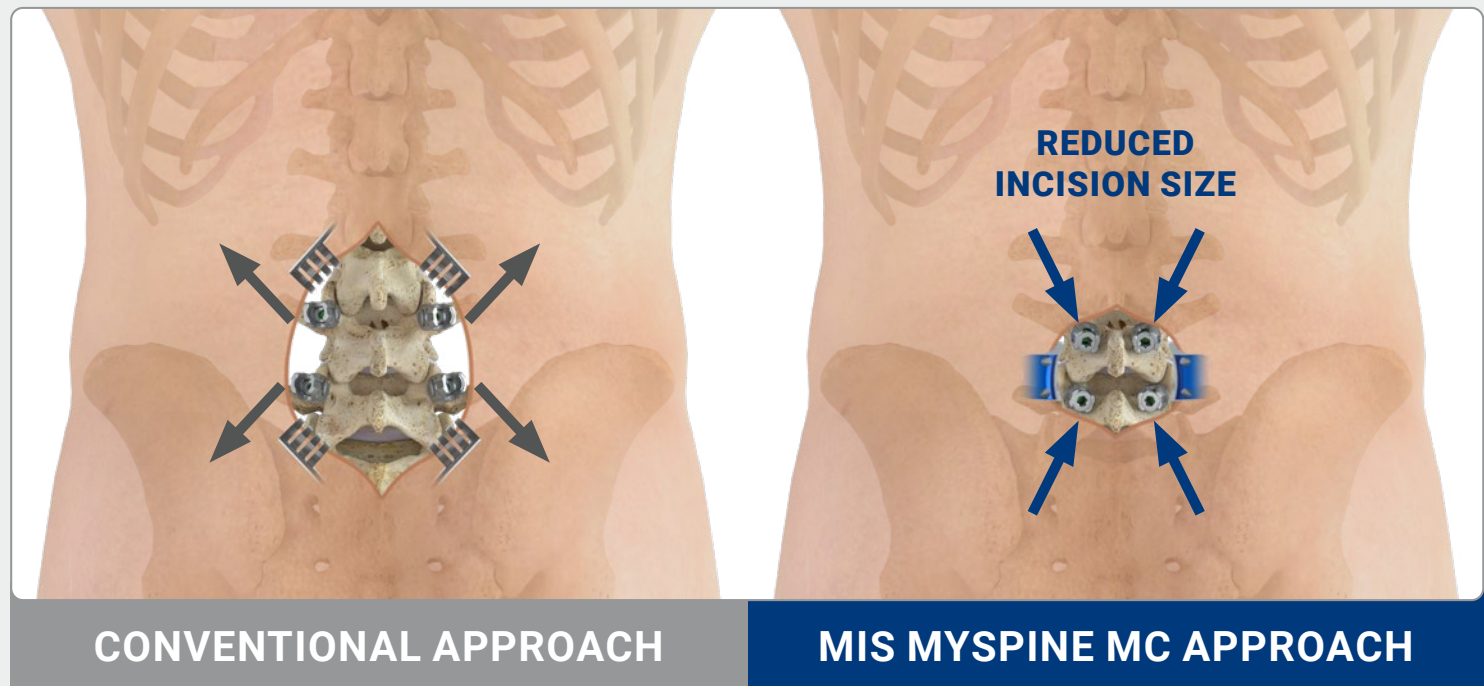
**-83%**

ANTEROPOSTERIOR  
SPONDYLOLISTHESIS  
CORRECTION SLIP <sup>[10]</sup>

## WHY A MYSPINE MC MINIMALLY INVASIVE SURGERY?

Thanks to its muscle sparing technique, the erector spinae muscles are gently manipulated and a **small skin incision** of 4-5cm is performed.

For this reason, MySpine MC delivers a **minimally disruptive surgery**, which is fundamental to drive a **fast patient recovery**. MySpine MC will **improve the patients' quality of life** and **hasten their recovery** after a spinal fusion surgery.



From **Minimally Invasive** Surgery  
to **Personalized Medicine**  
and beyond

### DECREASED POST-OPERATIVE PAIN

In comparison with "conventional" open surgical techniques, the MySpine MC approach may **reduce the postoperative pain** thanks to a **less invasive technique**. <sup>[16,17]</sup> ODI index at 12 months is **reduced by 18% more** than conventional technique, leading to a **better patient clinical score**.

**-18%**  
POST-OP PAIN <sup>[16,17]</sup>

### SHORTER REHABILITATION

While **not violating the neuro-muscular structures**, the MySpine MC technique may **decrease the muscular atrophy** leading to a **shorter rehabilitation**. <sup>[16,17]</sup>

"My patients can **walk autonomously** the day after the surgery." MD N. Marengo, Italy

### SHORTER HOSPITAL STAY

The MySpine MC technique usually **significantly reduces the duration of the hospital stay by 37%**. <sup>[13]</sup>

"MySpine MC is a **Minimally Invasive** technique proven to be successful in **Outpatient Setting**." MD I. LaMotta, USA

**-37%**  
HOSPITAL STAY <sup>[13]</sup>

### SMALL SKIN INCISION

With MySpine MC, the skin incision is often shorter than with "conventional" open surgery and therefore **scar tissue is reduced**, guaranteeing an **easier soft tissue handling** and a **more "cosmetic" procedure**. <sup>[16,17]</sup>

### FASTER RETURN TO DAILY ACTIVITIES

The MySpine MC 3D Printed Patient-Specific Solution may provide **better biomechanical performance**, allowing for an **improved long-term outcome**. <sup>[15,16,17]</sup>

"At 6-month follow-up, our patients show **important clinical improvements**, without new neurologic deficits or radiologic pathologic findings." MD K. Matsukawa, Japan

### LESS BLOOD LOSS

Preservation of muscles and vessels may **reduce blood loss**, -16% compared to conventional open access surgery, for **more conservative treatments**. <sup>[16,17]</sup>

**-16%**  
BLOOD LOSS <sup>[16,17]</sup>

### REDUCED COMPLICATIONS

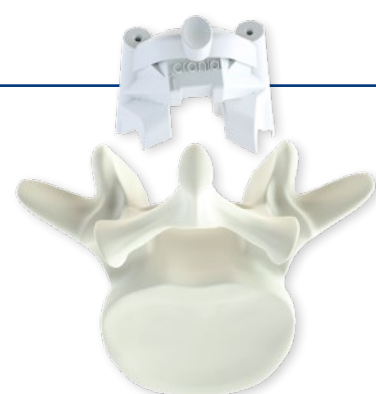
The MySpine MC technique **significantly reduces the incidence of complications**, when compared to free-hand techniques, because of the **highly accurate implant positioning**. <sup>[13,14]</sup>

"In our specific setting, the same surgical team **reduced complications** from 16% using the free-hand technique to **0% with MySpine MC**." MD S. Petrone, MD N. Marengo et al., Italy

## HIGH EFFICIENCY

### ECONOMIC EFFICIENCY

- **No expensive** capital investment is required
- **No recurrent service cost**
- **Rapid Learning Curve** for effective accuracy
- **Outpatient Surgery**: hospital can potentially capitalize on resources and increase volumes as patients return home the same day of the surgery <sup>[12]</sup>



### TIME EFFICIENCY

- **No peri-operative image acquisition**, thanks to the accurate pre-op planning <sup>[11]</sup>
- Compared to free-hand CBT, the MIS MySpine MC technique leads to a significant **34% reduction of procedural time** <sup>[13]</sup>

**-34%**  
PROCEDURAL TIME <sup>[13]</sup>